

STRENGTHENING YOUTH MINISTRY THROUGH 5 ALIVE TRAINING

WHAT IS 5 ALIVE ???

5 ALIVE is a small group, relationship-based approach to youth ministry with a long-range plan! Youth and adults build relationships with the church, their community, each other, their family and above all our loving Lord.

It is a team approach of adult/teen leadership that was created by Rev. Dick Borrud. He has “road tested” and revised it over a number of years in Lutheran churches across the nation. Hope Moran, who will lead our 5 ALIVE WEEKEND of training, has been the 5 ALIVE director for several summers at Lee Valley Ranch in South Dakota. She is the youth director at St. James Lutheran Church in Greenfield, Indiana and very active in the Indianapolis Conference.

This program is built on a strong Biblical base that involves a cross-generational approach to nurturing faith and youth ministry in congregations of any size. The systematic steps are easy to follow as youth ministry grows and impacts the Christ-centered lives of youth for a lifetime of healthy Christian living.

EXPECTATIONS & RESULTS

The 5 ALIVE program has a record showing these traits over several years:

- **Reducing post confirmation youth dropout up to 50 %**
- **Increasing regular youth group participation up to 80%**
- **A long range plan for quality youth ministry**
- **Sustainable adult/teen youth ministry leadership that nurtures the next wave of leaders**
- **Greater youth involvement in church life**
- **Reaching out to “unchurched” & “underchurched” youth & parents**
- **Spiritual growth in youth as well as those who share faith experiences with them**
- **Amazing servant projects, nurturing of future church workers & more**

GETTING STARTED

**THE 5 ALIVE PROCESS STARTS WITH PRAYERFUL SELECTION...
A CONGREGATION CAN JUMPSTART DYNAMIC CHANGE BY CAREFULLY
GATHERING A 5 ALIVE TEAM OF 2 ADULTS AND 3 HIGH SCHOOL TEENS
BY DOING THE FOLLOWING:**

- 1) Determining who are the adults in your congregation that really have hearts for teens & truly want to share their faith with them. The prayerful & careful selection of these key people is very important! **INVITE** two of these adults to be on the 5 ALIVE TEAM. Explain that they have a specific, manageable role with other adults & teens involved.
- 2) Prayerfully selecting 3 teens that show leadership potential in your group & **INVITE** them to share in this special opportunity for growth & sharing of talents. Parents & youth need to be partners in this opportunity/commitment of tremendous growth potential. Experiences on a leadership team at church develop traits that college admissions screeners are seeking! These opportunities build the 40 developmental assets that we all want in our young people. The teens /adults chosen to be on the 5 ALIVE team will be developing those assets in the whole youth group & outside the church doors!
- 3) **SEND your 5 ALIVE team to the 5 ALIVE LEADERSHIP TRAINING WEEKEND!**

**5 ALIVE LEADERSHIP TRAINING WEEKEND
FRIDAY, JULY 13, 2007 – SUNDAY JULY 15, 2007
LAKE LUTHER LUTHERAN CAMP - ANGOLA, INDIANA
Registration information: iksynod.org YOUTH SECTION
QUESTIONS? E-mail ymconnections@yahoo.com**